

**FREE
ONLINE
WORKSHOP**

THE PARENT PROJECT FALL 2023 SESSION



The Parent Project® is a 7-week ONLINE workshop for parents/guardians raising strong-willed children and/or children with disabilities.

West End SELPA is proud to offer both the Loving Solutions and the Parent Project Sr training series to our community free of charge. This training series focuses on assisting families who are raising strong-willed children, and includes strategies to support children with disabilities, by providing tools and techniques for effective parenting. Participants learn ways to promote positive behaviors and how to respond to challenging ones. The course offers families ways to effectively communicate with children, improve school attendance and performance, and much more! Spanish interpretation available upon request.

Loving Solutions- Ages 2-12

The Parent Project's Loving Solutions utilizes the same principles found successful in Parent Project® Sr., but has been adapted to address the needs of younger children.

9:00AM-11:00AM

October 3, 2023
October 10, 2023
October 17, 2023
October 24, 2023
November 1, 2023*
November 7, 2023
November 14, 2023



REGISTER



**Class held on Wednesday this week only.*

Parent Project Sr. Ages 13-22

At the heart of Parent Project®, Sr., is the Changing Destructive Adolescent Behavior curriculum that focuses on the most challenging behaviors for adolescents.

5:00PM-7:00PM

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<https://www.weselpa.net>

Questions? Contact:
(909) 476-6188
julie.macias@weselpa.net



<https://www.sbcss.k12.ca.us>